

## 5th Kyu grading Body art 50 hrs

Aihami Kataedori  
(Irimi & Tenkan)

Ikkyo  
Nikkyo  
Iriminage  
Iriminage

Gakyu hami Kataedori  
(Irimi & Tenkan)

Ikkyo  
Nikkyo  
Shionage  
Uchikaitenage  
Sotokaitenage  
Tenchnage  
Sumiotoshi

Myrotedori  
(Irimi & Tenkan)

Ikkyo

Katadori  
(Irimi & Tenkan)

Ikkyo

Ukemi

Yokomenuchi Shionage

Empty handed

Shiogeri  
Happogeri

Weapons

Bokken

Shiogeri & Happogeri  
7 Suburi  
8 Suburi

Jyo

10 of 20 Jyo Suburi  
3 Jyo Kesa

Ryotedori

Kokyuhō