

2 nd Kyu grading Body art 150 hrs

Aihami

Ikkyo
Nikkyo
Sankyo
Yonkyo
Iriminage
Kotegashi
Shionage
Jujinage
Sumiotoshi
Sotokaitenage
Koshinage

Gakyuhami

Ikkyo
Nikkyo
Sankyo
Iriminage
Kotegashi
Shionage
Uchikaitenage
Sotokaitenage
Sumiotoshi
Tenchinage
Koshinage
Kokyunage

(Hanmihandachi)

Shionage
Kaitenage
Sumiotoshi
Koshinage
Uchikaiten Kata Gatame
Soto Kaiten Kata Gatame
Kokyunage

Royotedori

Shionage
Tenchinage
Iriminage
Kokyunage
Kotegashi
Koshinage

(Hanmihandachi)
Shionage

(Suwariwaza)
Kokyu Ho

Myrotedori

Ikkyo
Nikkyo
Iriminage
Kokyunage
Kotegashi
Jujinage

Katadori

Ikkyo
Nikkyo
Sankyo
Yonkyo
Shionage
Kotegashi
Uchi & Sotokaiten -
Kata Gatame

Shomenuchi (Suwariwaza & Tachiwaza)

Ikkyo
Nikkyo
Sankyo
Yonkyo
Iriminage
Kotegashi
Kaitenage
Shionage
Sumiotoshi
Gokyo
Kokyunage

Yokemenuchi
(Suwariwaza & Tachiwaza)

Kokyunage
Ikkyo
Nikkyo
Sankyo
Yonkyo
Iriminage
Kotegashi
Jujinage

Tsuki

Ikkyo
Nikkyo
Sankyo
Kotegashi
Iriminage
Sumiotoshi
Gokyo
Koshinage

Ryotemochi Ryotedori
(Ushiro & Ryokata)

Kokyunage
Ikkyo
Nikkyo
Sankyo
Yonkyo

Weapons

Bokken

Shiogeri & Happogeri
7 Suburi
8 Suburi
Kuriotoshi 1,2 & 3

Jyo

20 Suburi
26 Jyo Movements
Sansho 1

Ukemi

Yokomenuchi Shionage
Gakyuhami Ikkyo
Shomenuchi Iriminage
Shomenuchi Kotegashi

Ryote Dori

Sitting Kokyunage